

David "Mac" McDougal

Early morning news is the worst kind. Our friend and fellow rower, David "Mac" McDougal, experienced sudden cardiac arrest and passed away the morning of April 27, 2017.

Mac was a continuing positive presence at BIAC, as a rower, a volunteer, a coach, and a friend. With many races and medals under his belt, he was full pressure three strokes from the dock. Many of us have fond memories of long trips



on San Francisco Bay in sculling shells, with Mac alongside in his single or in a team boat, or toasting the new year deep in Bair Island sloughs.

A founding member of BIAC, Mac ran the BIAC Fall Regatta as Director in the early years, and served as coach of the "Happy Scullers" program, which he created. He enjoyed helping scullers establish good habits and eliminate bad ones, polishing their basic skills to go fast and have fun.

Mac's uniquely painted oars were his signature, and so was his style. He could be observed many mornings in his Empacher single shell at the dock after a hard workout, as he first removed both oars and set them on the dock before gracefully bounding out of the boat.

Lately Mac began to record and share some of the gorgeous wildlife of Bair Island in photos. He was an accomplished artist and designer, political activist, and loving husband of Patricia.

(From the Bair Island web site)